

RIVER VALLEY ATHLETIC CLUB POOL RULES

- A parent or guardian must be present in the pool area when children under the age of 10 are swimming.
- Children must be at least 7 to swim unaccompanied in the water while a lifeguard is on duty.
- Children under 5 years of age and non-swimmers must be supervised by a responsible person, who is in the water and remains within arm's reach of the swimmer.
- Children must be 15 years of age to use the hot tub.
- Children must be 14 years of age or older to swim without a lifeguard on duty
- NO DIVING, FLIPPING or HEAD FIRST ENTRY
- NO RUNNING
- NO FOOD or DRINK in the indoor pool area. (Food and drink is acceptable at the outdoor pool.)
- NO WHITE TOWELS at the outdoor pool.
- NO GLASS containers in the pool area.
- NO CLIMBING THE FENCE
- NO ANIMALS
- NO SMOKING
- Children using floatation devices must be accompanied by an adult in the water.
- The only floatation devices allowed in the pool are lifejackets.
- Infants and children who are not toilet trained must wear swim diapers. No regular diapers in the pool. Swim diapers are available at the front desk for purchase.
- No pushing, dunking others, throwing children, causing undue disturbance or any conduct that might endanger the welfare or self of members.
- All injuries occurring in the pool area must be reported to the lifeguard or front desk staff
- Beach balls, sponge balls and dive sticks are allowed in non-crowded conditions.
- Abuse of River Valley equipment is prohibited
- Admission to the pool may be denied for the following reasons:
 - Intoxication
 - Open sores, wounds, skin infections, nasal or ear discharges
 - Abusive language